



American Yacht Club Sunset Distance Race July 5, 2019

SAILING INSTRUCTIONS

1. RULES

The regatta will be governed by the rules as defined in the *Racing Rules of Sailing* (RRS), including the US Sailing prescriptions, the current PHRF regulations as administered by the YRA of Long Island Sound (YRA) and the Minimum Equipment Recommendations of the YRALIS (Category C) except as any of these are changed by the Notice of Regatta or the Sailing Instructions.

2. NOTICES TO COMPETITORS and VHF CHANNELS

Notices to competitors will be posted on the Race Committee notice board located in the entrance to the bar at American Yacht Club and on Yacht Scoring's notice board. Communication with the race committee will be on VHF channel 71.

3. SIGNALS MADE ASHORE

Signals made ashore will be displayed from a flag halyard on a Race Committee signal boat at a dock at American Yacht Club. When flag AP is displayed ashore, '1 minute' is replaced with 'not less than 30 minutes' in the race signal AP.

4. STARTING AREA AND CHECK-IN

The signal boat at the start will be located approximately 0.50 nm South of Bell 42 off Mamaroneck Harbor. All boats shall sail by the stern of the signal boat prior to her warning and check in.

5. EQUIPMENT

Boats shall observe the Minimum Equipment Recommendations of the YRALIS, Race Category C. Each boat shall carry a radio capable of transmitting and receiving VHF 69 as well as channel 16.

6. CLASS FLAGS & DIVISIONS

Each boat shall display the pennant for her class on her backstay. Doublehanded yachts will start with other yachts of its same class.

<u>Division</u>	<u>Class</u>	<u>Class Flag</u>
Division 1	Non-Spinnaker	Numeral Pennant 1
Division 2	Spinnaker	Numeral Pennant 2

7. THE START

The first warning signal is scheduled for 1600. The warning signal for Division 2 will be approximately 5 minutes after the start of Division 1 (i.e. 10 minutes between starts if sequence is not interrupted). The starting line will be between the course side of an orange mark and a staff with an orange flag on the Race Committee signal boat. After the starting signal, the Race Committee signal boat will attempt to notify OCS boats by broadcasting their sail numbers on VHF Channel 71. Failure of a boat to see or hear her recall notification, and the timing and order of any hail, shall not be cause for redress.

8. COURSE AND MARKS

The marks will be those that are listed on Appendix A to these Sailing Instructions. **These marks are different from the usual Friday night sunset marks so please make sure to use these.** The course will be designated by displaying an easel board on the Race Committee signal boat. Marks shall be rounded in the order displayed on the course board reading from top to bottom. The numeral 2 following the letters on the course board means that the course displayed shall be sailed twice around. The Race Committee signal boat will announce the course over Channel 71 before the first warning signal. All Marks shall be rounded to port.

9. THE FINISH

The signal boat for the finish will be located in the same area of the start. The Finish Line will be between the course side of an orange mark and a staff with an orange flag on the Race Committee signal boat. It is requested from all competitors to radio in on channel 71 once passing Bell 42 on the way to finish line to identify their yacht both by name and sail number.

10. TIME LIMIT

The Time limit for all classes will be 2130 on Friday July 5th 2019. Boats that have not finished by that time will be scored DNF. This changes rule 35.

11. PROTESTS

Protest forms shall be delivered to the front desk at American Yacht Club within one hour after the later of Race Committee finish boat or signal boat docks. The protest time limit and a list of protests received will be posted on the notice board. Hearings will be held at American Yacht Club at a time and date scheduled by the American Yacht Club Protest Committee, which shall be prior to the awarding of trophies for the event.

12. SCORING AND TROPHIES

The Race Committee will post results on the Race Committee Bulletin Board and on Yachtscoring.com after the completion of racing on July 5th. Trophies will be given out on July 9th at 1700 on the front lawn of American Yacht Club. All entrants are encouraged and invited to join fellow competitors for a BBQ following racing on Friday on the front lawn.

14. WITHDRAWAL OR RETIREMENT

A boat that withdraws before the start or retires from a race for any reason shall notify the Race Committee signal boat at the earliest opportunity on VHF channel 71. A boat may also call 914-967-4800 if unable to communicate by radio with the Race Committee.

15. NAVIGATION RULES

All boats are cautioned to observe the Navigation Rules of the Road and to yield right of way to vessels restricted in their ability to maneuver, especially tugs and barges. Any boat observed to impede such traffic may be protested by the Race Committee signal boat, but not by a competitor.

16. RESPONSIBILITY FOR SAFETY

As a condition of the participation of any boat in any race or related activity sponsored or undertaken by American Yacht Club, the owner, helmsman and each crew member agree that the safety of the boat and her crew and the decision whether or not to start or continue to race is solely their responsibility, and each of them waives all claims that he or she, or any heir, representative, successor or assignee, may have against American Yacht Club and its officers, trustees, members, committees, employees or agents, arising out of or in any way connected with participation in such race or activity.

17. DISCLAIMER OF LIABILITY/RESPONSIBILITY FOR SAFETY — By participating in this event and any related activity sponsored or undertaken by American Yacht Club, the owner, helmsman and each crew member agree: that they understand that sailing is an activity that has an inherent risk of serious bodily injury (including permanent disability, paralysis and death by drowning or otherwise), property damage and other economic loss; that the safety of the boat and her crew and the decision whether or not to start or continue to race is solely their responsibility and at their own risk, see RRS 4 “Decision to Race”; that American Yacht Club and its officers, trustees, members, committees, employees, agents and sponsors will not be responsible for damage to any boat or other property, or to any participant, including injury or death; and that each of them releases and waives all claims which he or she, or any heir, representative, successor or assignee, may have against American Yacht Club and its officers, trustees, members, committees, employees, agents and/or sponsors, arising out of or in any way connected with participation in such race or activity. Assistance, if any, from the Race Committee signal boat or other American Yacht Club vessels, or patrol boats, from any personnel manning them, is at the risk of the participant.

18. CONTACT INFORMATION

American Yacht Club, 499 Stuyvesant Avenue, Rye, NY 10580 Phone: (914) 967-4800

www.americanyc.org

Email: aycrc@americanyc.org

Don Dowd

Event Chair and PRO

Hilary Davidson & Richard Hult

Race Committee Co-Chairs

Robert Fear & John Fryer

Protest Committee Co-Chairs

Mark Ploch

Technical Committee Chair

American Yacht Club cordially extends the privileges of the Clubhouse and harbor facilities to all participants before and after racing.

APPENDIX A

A1 MARKS FOR DISTANCE RACE

A1.1 Marks for the distance race will be designated as follows:

A	N "40A" Scotch Caps	F	G"23" Sands Point	K	G"17" Oyster Bay	P	R"32A" Mid-sound
B	R"42" Mamaroneck	G	R"4" Prospect Pt	L	G"15" Lloyd Point	Q	G"1" Greenwich
C	C"1" Delancey Pt	H	R"6" Mott Point	M	GR "E" Eatons Neck	R	R"38" Playland
D	R"2" Larchmont	I	G"21" Matinecock	N	R"28C" Norwalk		
E	C"1" Execution Rock	J	G"19" Oak Neck Pt	O	R"32" Stamford		



